

President's Corner - Those of you who were unable to attend this year's banquet, certainly missed an unusual and absorbing evening of entertainment. The food and fellowship was excellent! Jim Reeves provided us with a fascinating and interesting talk on bicycling in Vermont and over the Rockies. Thanks to Rollin Geddes for arranging the speaker and Dick Haggerty for making our banquet arrangements!

Besides our regular program, we were treated to being entertained by a male stripper who was in the next room for a 40th birthday party. Several of the female members asked if we could upgrade our entertainment schedule to something like this for next year. It was hard to pull Jane Bean, Connie Hoon and Mary Harwick away from that screen separating the rooms. I guess bicycling just doesn't have the same appeal ...???!!!

At the banquet, the membership voted to increase the treasury for the coming year by charging \$1 for both members and non-members at all monthly races. This should bring much needed money into the treasury to cover the cost of printing, awards and other such necessities. Special races, such as ultras, may cost more in order to cover participation awards. Cost of membership dues will remain the same for the coming year.

Our Championship Club awards this year are navy blue baseball caps with our club's name in white. They are really very nice looking. Thanks to Ed Hall for taking care of these awards. Special thanks to Ed's wife, Aleta, for delivering these awards to me so everyone could have them for the February run.

I hope everyone has a great year running and racing! Consider bringing a friend to our races. We are always seeking new members. Thanks to all of you who support the AM/GP RRC. We appreciate all that you do! Good running!

* Bruce *

Editor's Notes - Howdy and welcome to all the new club members. Even though our club has been in existence for almost 15 years, the membership is constantly changing. If you are new, please say hi and introduce yourselves. If you want to say something nasty (or even nice) to the editor, just look for a skinny guy with a greying beard, a slightly receding hairline (only slightly Bruce!), hairy legs, and sometimes accompanied by a swift dog. Anyone wishing to contribute an article to the newsletter can send it to : Jim Enright, 2123 Whited St., Pgh. PA 15210

Many thanks to Tom Henry for all the printing and mailing of every newsletter. Thanks to all of last year's race directors for getting the results to me and keeping the club going - Rollin Geddes, Harry Holland, Ron Hannan, Bruce McGlothlin, Andy Gero, Tom Mal, Ed Hall, & Bill Hoon.

This is a volunteer club and the best way to make new friends is to volunteer your services. All of our races need more help. If you are shy, just call the race director and ask for something simple to help with. Anyone who can read a watch, write times in minutes and seconds, or point the runners in the right direction, while yelling lookin' good and it's all down hill from here, can be of immense help at our races. If you are looking for a speed workout, why not sprint the first mile of a race and stop and call out mile splits at a race? If you run the 2 mile, why not help the finish line of the longer race? New respect for the race directors is gained if you help out. Who knows you might even feel good about yourself after giving of your time for others!!!

November 24, 1988 (Thanksgiving)

Frick Park

Weather Conditions: MISERABLE! (no wind, no rain, no snow, no ice, no mud)
mid 40s and sunny.

place name age time

2.5 Miles

1. Bob Eppihimer 18 23:20 (first male)

4 Miles

1. Cliff Ham 64 30:07 (tie)(first male)
2. Vivian Kucherer 59 30:07 (tie)(first female)
3. Gordon Ham 34 31:44
4. Craig Franzman 29 32:18
5. Ken Monyak Jr. 18 34:45 (near tie)
6. Dan Vater 28 34:46 (near tie)
7. Ken Monyak Sr. 40 34:47 (near tie)
8. Deb Kanarek 37 40:19
9. Al Eppihimer 41 41:59
10. Diane Monyak 27 45:32
11. Harry Ash ?? 45:49

6 Miles

1. Ed Hall 54 51:17 (first male)

8 Miles

1. John Skapinac ?? 55:54 (first male)
2. Bill Kanarek 35 57:58
3. Ed Berry 31 58:54
4. Wayne Evron 33 59:09
5. David Hayden 45 1:01:00
6. David Gouldthorp 43 1:01:32
7. Jim Hoburg 41 1:01:56
8. Tom Mal 40 1:03:04
9. Bill Hoon 42 1:03:09
10. Bill LaFramboise 35 1:05:05
11. Ron Hannan 37 1:06:13
12. Bruce Mendelson ?? 1:06:19
13. Susan Orenstein 40 1:06:45 (first female)
14. Don Dudley 41 1:07:49
15. Richard T. Conlin 33 1:08:19
16. Lynne Angers 29 1:09:10
17. Bob Zoeller 32 1:11:58
18. Keiko McDonald 40+ 1:12:17
19. Bruce McGlothlin 42 1:15:32 (near tie)
20. Jim Caskey 40+ 1:15:34 (near tie)

Helpers: Dena Holland (club member) Tom Henry (club member)
Dan Holland (club member) Kasia Sudol
Tom Holland (club member) Matthew Ruben
Jim Lacey (club member) Jennifer Ross

Race Director: Harry Holland

