

## **"No Problem Run"**

Distance: 10K / 2Mile 9 Jun 91  
Race Director: Al Eppihimer  
Helper: Bob Eppihimer  
Weather: 80' & nice

### 10K

1. Tom Mai 49:29
2. Rich Myers 54:57
3. Mary Anne Rhine 55:01
4. Andy Gero 55:02
5. Kyle McGee 68:12
6. Kris McGee 68:13

### 2 Mile

1. Tom Henry 15:52
2. Dan Holland 16:53
3. Kasia Sudol 16:54
4. Greg Hallas 16:55
5. Harry Holland 20:26
6. Dena Holland 20:27
7. Kasey McGee 20:28
8. Renic Bartman 24:16

## **5 Mile Piece of Cake Run & 2 Mile Cake Walk**

The first annual 5 Mile Piece of Cake Run / 2 Mile Cake Walk was held under less than ideal conditions. Never the less, 28 Runners toed the line and charged up the hollow with two thoughts in mind, (1) Don't get lost, (2) Finish this race in one piece. Everyone did finish the race.

The heat didn't hurt any appetites. After the race everyone was served cake and ice water. Congratulations to all who ran. I hope to see you and your friends at next years Race. A special thank you to all those who helped: Linda, Daniel, and Lee Ann Conrad, Bruce McGlothlin, Andy Gero, Don and Leah Merola, and Ernie Ezis.

July 21, 1991

7:00 P.M.

Lower Frick Park

93' Muggy

### 2 Mile

1. Terri Carskadden 19:07
2. Cliff Ham 23:37
3. Pam Lamparts 31:20

### 4 Mile ( Our only lost sheep )

1. Kim McCann 40:12

### 5 Mile

1.	John Mooney	29:48
2.	Ernie Ezis	30:00
3.	Brian Lamparts	30:09
4.	John Bowen	35:31
5.	Ed McLaughlin	35:32
6.	Greg Bethune	35:57
7.	Bill Mittwell	36:33
8.	Wendy Lamparts	36:46
9.	Joe Lamparts	37:19
10.	Jamie Hill	37:48
11.	Ben Foster	37:49
12.	John Berda	41:39
13.	Bruce McGlothlin	42:40
14.	Steve Sharpley	43:28
15.	Earl Kaiserman	44:21
16.	Andy Gero	47:01
17.	Greg Halas	47:19
18.	Jerry Jadlocki	48:22
18.	John Jadlocki	48:22
19.	Kasia Sudol	49:48
19.	Dan Holland	49:48
20.	Al Eppenheimer	52:59
21.	Dena Holland	58:45
21.	Harry Holland	58:45

### **"Annual Picnic Run"**

Date: 11 Aug 91  
Distance: 10K & 2 Mile  
Race Director: Tom Mal  
Helpers: Marlana Mal, Georgette Lacey & Jim Lacey  
Weather: 80's & Sunny

### 2 Mile

1.	Georgette Lacey 54	18:08
3.	Cliff Ham 67	22:01

### 10K

1.	Jack Hartnell 28	37:13
2.	Rich Wright 40	39:25
3.	Brian McElhone 19	40:18
3.	Sean McElhone 15	40:18
4.	Jim Lacey 57	40:49

5. Greg Ecoff 32	41:07
6. Jim Pike 32	42:10
7. Bob Devine 34	42:21
8. Bill Mitchell 43	43:57
9. Ron Hannan 40	44:44
10. Mike Corcoran 36	45:16
11. Tom Mal 43	46:44
12. Tom Henry 49	47:01
13. Bill Hoon 45	49:03
14. Ed Hall 57	49:07
15. Andy Gero 43	50:30
16. Joe Silvaggio 57	50:44
17. D. Bohach 51	51:18
18. Mark Smeltzer 40	51:45
19. Steve Blair 34	52:23
20. Greg Hallas 34	52:31
21. Adrain Herman 49	55:35
22. Pete Bender 38	61:44

### Rilley's Raffle Run

Distance: 10 Mile / 2 Mile  
 Weather: Hot & Humid  
 Race Director: Bruce McGlothlin  
 Helpers: John Tramontina  
 Judi McGlothlin  
 Molly McGlothlin  
 Mike McGlothlin  
 Date: 15 Sept 91

#### 2 Mile

1. Alan Forney 43	15:31
2. Barb Arlett 40	15:45
3. Terry Carskaddan 51	18:00 ( ran twice, i.e. lost )
4. Harry Holand 54	20:39
5. Cliff Ham 67	21:27

#### 10 Mile

1. Dan Holand 22	1:04:27
2. Tom Peiritsh 43	1:06:48
3. Paul Beck 30	1:08:25
4. Jim Beck 24	1:08:40
5. Don Zarfos 32	1:11:38
6. Ed Fager 32	1:11:39

7.	Jim Collura	23	1:13:47
8.	Ed Fiertz	48	1:14:01
9.	Bill Mitchell	43	1:14:19
10.	Bob Macasek	23	1:16:01
11.	Greg Ecoff	32	1:16:02
12.	Tom Mal	43	1:16:44
13.	Paul Conrad	39	1:16:48
14.	Art Wiland	42	1:16:53
15.	Mike Corcoran	36	1:22:12
15.	Ron Hannan	40	1:22:12
16.	Andy Gero	43	1:26:20
17.	Keiko McDonald	51	1:27:32
18.	Bob Leydig	36	1:32:05
19.	Greg Hallas	34	1:32:08

The weather was definitely a factor in this year's Riley Run. Heat and humidity took a toll, but all runners handled the conditions extremely well. No Injuries or heat stroke were treated by our nurse, Judi McGlothlin. However, she did have to perform minor surgery on Tom Mal for removal of a bug from his eye. I hope Tom has insurance, because these medical treatments can be expensive!

For this particular race, runners needed to finish either the 10 mile or 2 mile to be eligible for prizes drawn at the end. Odds were good that runners could win something. Barb Arlett seemed overwhelmed with her "1991 Great Hunks of Summer" calendar she won. Where does that go, Barb? - on your mantle or in the closet? I bet Dean was impressed!!

Apologies to Cliff Ham, Harry Holland and Terry Carskaddan for removal of the 1 mile marker before they got there. Must have been an overanxious race director who was nervous about the police circling his illegally parked car!! I promise to improve next time. In this club, we do it till we get it right!! Andy Gero can attest to that!



October 13, 1991  
Highland Park Fall Classic  
Weather: 40 degrees with overcast skies

Race Director: Ronald Hannan  
Helper: Georgette Lacey

Results:

<u>10 km</u>			<u>5 km</u>		
1. Dan Holland	22	39:00	1. George Yochum	42	18:45
2. Jim Lacey	57	43:00	2. Harry Holland	54	34:20
3. Tom Henry	50	45:44			
4. Dave Billman	29	46:23	<u>2 Mile</u>		
5. Art Wiland	43	46:24	1. Doug Basinski	20	12:03
6. Paul Conrad	39	47:20	2. Georgette Lacey	54	15:40
7. Bill Hoon	45	52:20	3. Terry Carskaddan	40+	19:10
8. Jon Grogran	41	53:20	4. Cliff Ham	67	23:27
9. Kasia Sudol	22	54:02	5. Woody Hoburg	6	29:08
10. Al Eppihimer	44	62:32	6. Peggy Hoburg	43	29:08
11. Dena Holland	40+	63:41	7. Russie Hoburg	4	30:20
			8. Jim Hoburg	44	30:20
			9. Amos Selavan	55	40:08

  

<u>7.3 Miles</u>		
1. Bruce McGlothlin	44	69:43
2. Greg Hallas	34	69:43



November 28, 1991  
Frick Park Gutbuster  
Weather: 40 Degrees - Rain

Race Director: Bill Hoon  
Helpers: Connie Hoon, Tom Mal, Dena Holland, Harry Holland  
Rob Carr, Ron Hannan, Roxanne Germ

Results:

2 Mile	AGE	TIME
Rob Carr	33	18:12
Cliff Ham	67	22:26

4 Mile

Tony Frenni	21	24:28
Jason Tomsic	14	26:31
Joe Melvin	23	26:39
Tom Holland	28	28:08
Dave Hayden	48	35:10
Rich Tomsic	40	35:34
David Orenstein		37:34
Blake Noyes	34	37:34
Tim Cash	32	37:47
Michael Gordon	33	37:47
Don Fox Jr.	13	37:54
Don Fox Sr.	44	37:54
Carol Savage	41	37:54
Andy Gero	43	39:42
Maureen Uhler	43	39:51
Tom Knapp	38	40:20
Roxanne Germ	30	41:10
Gail Fox	42	43:53
Al Eppihimer	44	45:56
Terry Carskaddan	51	47:00
Kris McGee	37	63:00
Kyle McGee	10	63:00
Paul Conrad	39	69:16

## 8 Mile

Mike Bruno	23	49:48
Dan Holland	22	50:26
Steve Goldcamp	30	51:09
Ron Weathers	22	51:51
Tony Bruno	26	51:53
Jim Brewer	37	55:24
Bill Kanarek	38	55:46
Chris Gerard	41	58:28
Ken Balkey	40	58:54
Gary Smith	40	59:30
Bill Donovan	33	60:01
Bryce McRetzki	28	60:17
Jim Hoburg	44	61:21
John Kibarian	27	61:45
Bill Wolf	35	62:56
Brian Bershad		65:22
Wayne Jacobs		66:34
Ron Hannan	40	66:40
Rich Miagliazzo	40	67:42
Bill Hoon	46	67:53
Bob DuBella	35	68:36
Michael Megany	34	68:36
Bill Miller	47	69:58
Tom Uhler	35	70:27
Don Taylor	40	70:39
Shawn Jones	35	70:39
Susan Orenstein	43	72:04
Karl Kurtere	35	72:34
Tom Cluasen	40	72:34
Bruce McGlothlin	45	73:05
Frank Wolf	37	73:42
Jim Caskey	45	74:04
Hakim Jefferson	46	76:32
Tom Mal	43	78:56
Lynn Angers	32	78:58
Beverly Bernard	48	79:10
Art Wiland	43	79:53