

Greater Pittsburgh Road Runners Club

Newsletter (Fall 1992)

President's Corner

As most of you are aware, we changed our name to The Greater Pittsburgh Road Runners Club at the beginning of the year. Members seem to be accepting the new name and getting used to it. I have heard very few negative comments about it.

We are still a strong and active club, although we don't get much publicity. Memberships have also dropped off in the past several years. However, there exists a strong core of dedicated runners and workers who keep our club a solid running organization in the Pittsburgh area. I would like to express my sincere thanks to those members for keeping us on the "straight and narrow" through all the tough times. They have been active in participation and working various events. Thank you!

The newspaper strike has definitely hurt us. Where we would have 30-40 runners in our races, we are now down to 15-20. But people still discover ways to learn about races. I believe running is now going through one of its "down" phases in the past several years, but we look for it to pick up again. All of us are optimistic, of course. Runners are always this way. Probably from the endorphins!

A brief reminder that dues will increase beginning in January 1993. The new fees will be on the application form you will receive at the end of the year with the newsletter. Individuals will pay \$7; couples \$9, and families \$11. This is up a dollar or two, but not an unreasonable amount. All our monies are returned to the runners for picnics, banquets, gifts, etc. So it is a good investment, plus you will save a \$1 on entry fees. Non-members pay \$2, while members pay \$1. What a deal! Let's keep our club a strong force for runners in the Pittsburgh area by supporting the GPRRC. We are always looking for a few good women and men to help. See one of our members today!

Lastly, the GPRRC Banquet will probably be held in late January or early February, so make your plans early and put it on your calendar. Details will be sent in the winter newsletter. Championship awards are also given at the banquet. So get your races in before the end of the year to qualify.

Good fall and winter running! See you at the races!

Bruce Mc Glothlin

BOATHOUSE BURNER
North Park
May 17, 1992

Race Director – Ed Hall
Helper – Chris Hall

Weather – 70 & Sunny

Results: 5 Miles

1	Chris Singleton	28:32
2	Chris Gibson	28:40
3	Henry Snyder	30:57
4	Matt Younkirs	32:12
5	Len Schuster	32:14
6	Charles Harris	33:16
7	Steve Franze	33:21
8	Mitch Radella	34:42
9	Bruce McGlothlin	37:43
10	Jim Caskey	37:44
11	Marcy Dunham	41:11
12	Andy Gero	45:03
13	Mark Dunham	46:20
14	Al Eppihimer	47:37
15	Newton Davis	53:17
16	Jason Damon	53:43
17	David Damon	53:45

Results: 2 Miles

1	Ron Hannan	31:41
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No Problem Run

Date: 7 June 92
Distance: 10K / 2 Mile
Race Director: Al Eppihimer
Helper: Bob Eppihimer
Weather: 79' over cast

10k

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|-----|-----------------|----|------------|
| 1. | Dan Holland | 23 | 36:38 |
| 2. | Jack Vermenlen | 39 | 37:10 |
| 3. | Mike Portogallo | 37 | 40:21 |
| 4. | Terry Jackson | 45 | 47:39 |
| 5. | Tom Mal | 43 | 50:30 |
| 6. | Jason Lalgrone | 28 | 51:02 |
| 7. | H.J. Rogers | 53 | 58:22 |
| 8. | Harry Holland | 55 | 74:04 |
| 9. | Sharon Nackey | 37 | ran 3 mile |
| 10. | Nienie Castello | 34 | ran 3 mile |

2 Mile

- | | | | |
|----|--------------|-----|-------|
| 1. | Greg Hallas | 35 | 15:38 |
| 2. | Tom Henry | 50 | 17:30 |
| 3. | Dena Holland | 40+ | 19:55 |

Darwin Dog Days of Summer 6 Hour Run

Pittsburgh, Pa.
1 Km. Dirt Loop

July 12, 1992

1. Chris Gibson, 39	50 Miles
2. Laurance Kam, 28	43.4
3. Mark Rosskamp, 29	40.3
4. Ed Motosicky, 16	32.2
5. Ed Hall, 58	31.1
Scott Allman, 26	31.1
6. David Conely, 31	28.5
Joe Morgovich, 33	28.5
7. Bruce Mc Glothlin, 45	28.1
8. Rick Freeman, 34	27.0
9. Ed Motosicky, Jr., 37	15.5
10. Ed Ritter, 40	15.0
11. Dan Debusschere, 43	12.4

It dawned dark clouds, gray skies, off-and-on rain and tons of humidity for Darwin's Dog Days of Summer Ultra. This made it somewhat uncomfortable for most runners, except for the lead runners.

Chris Gibson, a veteran ultra runner and top notch competitor, gunned it out with Laurance Kam, a medical resident and first time ultra runner for several hours. They both seemed tied to a string and kept pace with each other.

But the savvy and experience of Gibson won out in the end. He went on to finish his usual fifty miles, casually change his clothes and drive off to work. Kam covered an outstanding 43.4 miles in the 6 hour time limit. Not bad for his first try. Mark Rosskamp finished third with a good, steady running pace.

The top three finishers won fruit pies. So much for the money, glory, belt buckles, trophies and T-shirts, which attract most runners. Darwin's always attracts many of the low-key ultra runners in the Pittsburgh area who run for the love of running. These are the type of runners who get up in the middle of the night, run their hearts out for hours, get nothing, and then disappear before anyone even realizes they were there. They are the true "unknown finishers" of our great sport.

Bruce Mc Glothlin

