

3rd Annual Darwin's Dog Days of Summer Ultra (6 Hour)

7-19-87

Schenley Park, Pittsburgh PA - 1km dirt loop  
 68 degrees & 90% humidity at start; 85 degrees at finish  
 Race Director: Jim Enright, 2123 Whited St., Pgh., PA 15210 (882-0199)

Congratulations to all the survivors of this years' 6 hour run. Once again the dog days took a big bite out of the competitors with Pittsburgh's infamous humidity. My dog, Darwin - who the race is named after, quietly slept the day away on one of my chairs back home. This was the largest field in 3 years but more people retired early than any other year. The humidity has stayed about the same every year but this year the sun beat down after 9 a.m. to make it more oppressive. Thanks to the people who stopped early before real trouble began, I didn't have to drag any competitor off the course with heat exhaustion, which is something I would not enjoy. Next years' race should be the same - the 3rd Sunday in July, start at 5<sup>30</sup>a.m., in Schenley Park. Some truly outstanding splits were recorded in the first 3 hours before the heat took its toll. The first 2 placers ran extremely well paced runs. First time ultra runner Bruce Shettel won and got his pick of the coveted pies. Last years' winner, John Giovengo, came on very strong after being in 8th place at 10 miles to edge into 2nd place.

If you would like to offer any constructive criticism of the race I would gladly read anything you send me. Thanks for participating this year and I hope to see you next year!!

1. Bruce Shettel	37	PA	71km	44.3miles	* record distance*
2. John Giovengo	41	PA	70km	43.7miles	
3. Dahn Shaulis	26	PA	69km	43.1miles	
4. Keith Hileman	38	PA	64km	40.0miles	
5. Greg Helbig	31	WV	64km	40.0miles	
6. Ted Massa	30	PA	64km	40.0miles	
7. Jim Hoburg	40	PA	59km	36.8miles	
8. Bob Zoeller	30	PA	59km	36.8miles	
9. Ed Hall	52	PA	50km	35.0miles	
10. Charlie Danielson	33	PA	56km	35.0miles	
11. Bruce McGlothlin	40	PA	53km	33.1miles	
12. Norm Frank	56	NY	45km	28.1miles	
13. Jake Wesley	19	PA	45km	28.1miles	stopped 4:00:00
14. Tim Youngs	41	NY	42km	26.2miles	stopped 3:47:56
15. Irene Schoeller <u>F</u>	30	WV	42km	26.2miles	stopped 5:37:05
16. Joe Loy	29	PA	40km	25.0miles	stopped 2:49:00
17. Michael Barton	35	PA	40km	25.0miles	stopped 3:01:40
18. Ed Ritter	35	PA	37km	23.0miles	stopped ??
19. Bill Seiler	44	PA	35km	21.8miles	stopped ??

The following splits are for your enjoyment. Most times are accurate but some are close estimates taken from your lap sheets. Thanks to those who helped record splits. Thanks to Joe Loy for his help after he finished running.

kilometers run in that hour.

	1 hour	2 hour	3 hour	4 hour	5 hour	6 hour
Shettel	13.2k	12.3k	13.0k	11.5k	10.5k	10.5k
Giovengo	12.0k	12.1k	12.0k	11.4k	11.2k	11.3k
Shaulis	13.2k	13.1k	12.4k	10.8k	10.0k	9.5k
Hileman	14.1k	14.0k	13.1k	8.3k	5.0k	9.5k
Helbig	13.1k	13.4k	12.3k	10.0k	8.0k	7.2k
Massa	11.2k	11.3k	10.5k	10.2k	10.0k	10.8k
Hoburg	11.2k	12.3k	10.5k	10.0k	8.0k	7.0k
Zoeller	10.5k	10.5k	10.0k	9.1k	9.5k	9.4k
Hall	11.1k	10.7k	10.3k	10.2k	6.8k	6.9k
Danielson	11.2k	10.8k	11.1k	9.4k	7.4k	6.1k
McGlothlin	10.6k	11.4k	9.0k	8.0k	7.0k	7.0k
Frank	10.0k	8.8k	8.2k	7.0k	6.5k	4.5k
Wesley	13.5k	13.5k	12.0k	6.0k	*does not include 20 min. late start	
Youngs	11.0k	12.0k	12.0k	7.0k	-	-
Schoeller	10.1k	7.9k	6.0k	7.0k	7.0k	4.0k
Loy	14.5k	15.0k	10.5k	-	-	-
Barton	14.2k	14.3k	11.3k	0.2k	-	-
Ritter	no splits available					
Seiler	no splits available					

	5mile	10mile	15mile	20mile	25mile	mar.	30mile	35mile	40mile
Shettel	36:15	1:14:00	1:53:10	2:29	3:07:38	3:17:11	3:49	4:35:30	5:20:30
Giovengo	40:16	1:20:30	1:59:25	2:39	3:19:10	3:28:15	4:03	4:44:50	5:28
Shaulis	36:05	1:12:30	1:48:08	2:29	3:06:49	3:19:10	3:50	4:36	5:25:20
Hileman	33:58	1:07:32	1:41	2:17	2:53	3:03:25	3:34	5:07	6:01
Helbig	36:05	1:12:30	1:48:08	2:29	3:10	3:21:10	3:56	4:57	6:01:40
Massa	42:26	1:25:08	2:10	2:54	3:39	3:52:19	4:28	5:15	6:02:39
Hoburg	41:50	1:20:19	2:05	2:48	3:34	3:47	4:50	5:36	-
Zoeller	47:00	1:32	2:20	3:05	4:00	4:12	4:49	5:39	-
Hall	43:03	1:29	2:12:20	2:58	3:45	3:58	4:48	5:59	-
Danielson	42:00	1:23	2:10	2:54	3:41	3:51	4:48	6:00	-
McGlothlin	44:00	1:28:40	2:15	3:09	4:09	4:24	5:14	-	-
Frank	48:15	1:39	2:38	3:43	4:46	5:03	-	-	-
Wesley	35:55	1:11:47	1:48	2:26	3:07	3:21:58	-	-	-
Youngs	45:25	1:24:57	2:04	2:45	3:33	3:47:56	-	-	-
Schoeller	52:31	1:37	3:01	4:15	5:21	5:38:05	-	-	-
Loy	33:55	1:06:01	1:38	2:12	2:49	-	-	-	-
Barton	33:58	1:07:30	1:41	2:17	3:01:40	-	-	-	-

	5k	10k	20k	30k	40k	50k	60k	70k
Shettel	23:24	46:19	1:33:05	2:20:23	3:07:38	4:06:20	4:56:40	5:54:00
Giovengo	25:15	50:35	1:40:05	2:28:40	3:19:10	4:12:50	5:06:20	5:59:40
Shaulis	21:48	45:22	1:29:30	2:16:25	3:06:49	4:03:00	5:01:20	-
Hileman	21:39	42:15	1:24:16	2:08:04	2:53:00	4:40:50	5:27:35	-
Helbig	22:50	45:22	1:29:35	2:16:35	3:10:00	4:06:30	5:31	-
Massa	26:04	53:00	1:47	2:43	3:38:40	4:39:23	5:38:30	-
Hoburg	26:08	53:10	1:41:50	2:37:50	3:33:33	4:51	-	-
Zoeller	28:50	57:35	1:54:15	2:53:09	3:59:35	5:02:22	-	-
Hall	26:29	52:47	1:49:25	2:44:05	3:44:53	5:10:55	-	-
Danielson	26:30	52:10	1:42	2:40	3:41	5:01	-	-
McGlothlin	26:29	54:49	1:50:28	2:54:44	4:09:12	5:30:10	-	-
Frank	30:40	59:52	2:08	3:20:54	4:46:07	-	-	-
Wesley	22:30	45:10	1:30	2:16:05	3:06:55	-	-	-
Youngs	29:50	55:17	1:44:36	2:34:15	3:33:13	-	-	-
Schoeller	28:50	58:40	2:16:28	3:49:54	5:21:25	-	-	-
Loy	21:45	42:00	1:21:52	2:02:40	2:49	-	-	-
Barton	21:40	42:15	1:24:18	2:08	3:01:40	-	-	-

Date: Sunday July 19, 1987

Time: Begins promptly at 5:30 a.m.

Location: Pittsburgh PA ; Schenley Park (Schenley Oval)

Course: 1 km flat dirt loop

Entry fee: \$2.00

Entry deadline: July 14th; post entry \$4.00

Sponsored by: Allegheny Mtn./ Greater Pittsburgh Road Runners Club

Race Director: Jim Enright, 2123 Whited St., Pitts. PA 15210

(412) 882-0199 call 11 p.m. - midnight

Awards: top 3 overall receive a home made pie

Lodging: 1) Redwood Inn- Days Inn, corner of Banksville & Potomac;  
(412)343-3000, \$57 for 2 people; 3 miles from race director's home  
2) Howard Johnson, 3401 Blvd. of Allies; \$68 for 2 people  
(412)683-6100, (800)441-3979; 2 miles from race site

\* A few (the first 6-8) out of town runners, can sleep at the race director's home saturday night, if they do not mind sleeping on the floor and having a dog ( the infamous Darwin) lick their face!!

\*You also have the option of eating dinner for \$1 at the race director's home, on Saturday night. Nothing fancy - just some pasta, salad and drinks. Please indicate so on your entry form.

\* A bathroom & 2 water fountains are located right on the race loop

\* No showers or changing facilities at the race site.

\* Race results, with your splits, will be mailed within 1-2 weeks.

\* Bring your own lap counter or count your own laps. Lap sheets are provided.

\* Your entry fee will be used entirely for mailing, ice, 3 pies (the only awards), some fruit, some pepsi, and some beer --- thus no t-shirts, or sponsors.

\* Racewalkers are welcomed. Any ability of competitor is welcome.

\* The race course is flat, is partially shaded and is mostly packed dirt (clay), which is soft for your feet.

\* The dirt loop can get slick if it rains (bring some good tractioned waffle shoes if it rains).

\* The course will have non-contestants walking and running on the loop since it is a city park; the course can get crowded the last 2 hours of the race if the weather is nice.

\* No lights are on the course, so bring a flashlight to find the sign-in table and bathroom before the sun comes up about 5:30.

\* Free parking - Overlook Rd. about 100 feet from the race site.

#### 1985 6 Hour Run

1. Jim Enright	36m	1359y
2. Tom Henry	36m	286y
3. Bruce McGlothlin	34m	479y
4. Diane Kirkpatrick	32m	91y
tie Mike Lacy	32m	91y

#### 1986 8 Hour Run

1. John Giovengo	56m	1146y
2. Keith Brophy	54m	1503y
3. Keith Hileman	53m	1641y
4. Al Edmunds	52m	312y
5. Don Bobrowicz	51m	
6. Larry Tabachnich	50m	10y
7. Bruce McGlothlin	43m	27y
8. Jack McGiffin	40m	440y
9. Jim Enright	38m	440y
10. Sy Mah	37m	440y
11. Vickie Marsh	20m	